## DR. SONI **SOUL**UTIONS

The Science of Sequential Healing for Brain and Body

Prabhat Soni, MD FCCP, DABSM, DABOM, DAAAM, ABAARM

We utilize a combination of FDA approved medications and well as bio-available dietary supplements to re-calibrate brain and body alignment efficaciously.

Our customized protocols are supervised by a board certified Medical Specialist.

SLEEP & SEX FITNESS MEDICAL INSTITUTE and more...



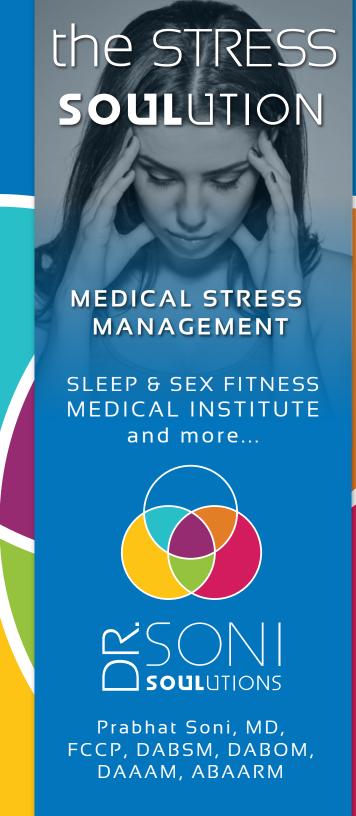


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## 8 Board Certifications

Pain Management
Sleep Medicine
Bariatric / Obesity Medicine
Anti-Aging / Hormone / Regenerative
/ Stem Cell Medicine
Aesthetic and Cosmetic Medicine
Pulmonary and Allergy Medicine
Critical Care
Assistant Professor at Weil Medical
College-Cornell University

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## THE STRESS SOULUTION

**Soul**utions for common stress factor triggers:

- Life occurrences
- Financial pressure
- Emotional pain
- Trauma
- · Loss of joy of life
- Medication side effects
- Hormone imbalances





Stress be may caused by, but not limited to life financial occurrences, pressure, emotional pain, trauma, loss of joy of life, hormonal imbalances or side effects from medications, and may encompass both physical and/or emotional components. If experienced over the course of extended time, these will have a cascade effect on the health of the entire body, demonstrating its first effects on quality of sleep. Learning how to manage your stress through several channels of intervention such as custom nutrition, activities and clinical therapies including psychotherapy can have a profound effect on the potential to prevent many common yet serious medical conditions.

STRESS
WILL HAVE A
CASCADE EFFECT
ON THE HEALTH OF
THE ENTIRE BODY DEMONSTRATING ITS
FIRST EFFECTS ON
QUALITY OF SLEEP.

Ask today for a customized **Soul**ution for help with managing STRESS.

